



# Breadalbane & Strathtay Youth Football Club



ACROSS HIGHLAND PERTSHIRE SINCE 2007

SCOTTISH CHARITABLE INCORPORATED ORGANISATION NO. SC046432

## Player Welcome Pack 2023

Breadalbane and Strathtay Youth FC (BSYFC) was established as a voluntary sports community organisation in 2007 and became a SCIO in 2016. BSYFC teams are affiliated with the Perth and Kinross Youth Football Association, the Scottish Youth FA or Scottish Women's Football. The club's development is accredited through the SFA quality mark scheme and meets the SFA Gold level.

**BSYFC's mission, as part of Breadalbane Community FC** is to promote and foster youth and adult football in the Highland Perthshire area, striving to achieve high standards of coaching, team and player performances, awarding effort and consistency, whilst supporting the development of our volunteers, recognising and rewarding their loyalty.

The BSYFC objectives are:

- To increase numbers of children and youths playing organised football across Highland Perthshire, by growing existing teams and forming new teams each year through soccer school, taster session and additional supports needs provisions, developing girls' squads and other inclusion projects.
- To provide a pathway of development for all players, at all levels and abilities, to be inclusive to all people in our community, through the provision of quality training sessions and the development of a performance pathway.
- To contribute to the active and healthy well-being of all players, through positive coaching, development of skills, fitness, confidence, understanding the game and building respect for officials, other players and coaches.

This year BSYFC are running:

- |  |                   |
|--|-------------------|
| • 2 x 11-a-side teams for 15yrs, 14yrs & under | 2010 & 11s, 2009s |
| • 1 x 9-a-side team, 12yrs & under             | 2012s             |
| • 2x 7-a-side team for 11yrs, 10yrs & under    | 2013s, 2014s      |

The club also supports 5-a-side teams (2015s) and 4 a-side teams (2016&17s) that can take part in the P&K festivals every Sunday at Perth South Inch (March – November), monthly festivals for of 10 & under and 8 & girls.

BSYFC is an inclusive Club with the belief that all the kids should enjoy their football and, through positive coaching, learn to respect their opponents, referees, and work together as a team. Positive coaching is all about building self confidence in our young players and focussing on the effort they put in.

Useful resource: [www.scottishfa.co.uk/scottish\\_football.cfm?page=2595](http://www.scottishfa.co.uk/scottish_football.cfm?page=2595) for 6-8yrs, 8-12yrs and 12yrs + player pathways.

### Joining BSYFC

- To join the club, currently the annual player membership is £12 per month for those playing in the 2015, 2014, 2013, 2012, 2010/11, 2009 and U12 girl's teams, (including joining fee, all training and matches). Its £6 per month for those training only members of these age groups.
- Fun4s (2017/16s), U10 & U8 Girls, Taster sessions and Additional Support Needs are all free.
- Please contact the club should you seek support with clubs' fees.
- Please email [bsyfc2014@gmail.com](mailto:bsyfc2014@gmail.com) to join the club via our My Club Hub platform – child's name, DOB and parent email required.
- All coaches and management committee members can waive the membership fee for one child.

## Procedures

- BSYFC teams participate in the PKYFA leagues. The National governing body of youth football in Scotland is the SYFA. Each age group team is registered as a club with the SYFA & PKYFA. There are specific SYFA procedures in place to ensure the safety of the players and that matches are arranged and conducted as per the regulations.
- All small-sided registrations and fees are due by March 11-a-sides by August.
- In the developing and small sided age groups, it's not about results or how many goals, therefore in accordance with SFA, SWF and PKYFA rules we ask that these are not publicised or shared.
- Fixtures for the Girls, Fun4 and Super5's is co-ordinated through the respective secretaries – please make sure the club have up to date contact information, WhatsApp groups exist for all latest news and updates.
- Fixtures of all 7 & 11-a-side teams are on <http://pkyfa.leaguerepublic.com/> and each BSYFC team creates a Facebook or WhatsApp group to enable easy sharing and contact regarding fixtures, training and other events.
- BSYFC adhere to the SYFA player coach and parents code of conduct and have a child protection policy. All officials (coaches, first aiders, secretaries and player protection officers) undergo a PVG scheme check and fill in a self-declaration form. Any child protection concerns can be taken to Selina Smyth, our Club Wellbeing & Protection Officer.
- BSYFC hold regular committee meetings - we need your input and support.
- If you would like to make a complaint, please contact [bsyfc2014@gmail.com](mailto:bsyfc2014@gmail.com) for a form, or visit <https://www.bsyouthfc.co.uk/contact>



**PLEASE REMEMBER:**

**THESE ARE KIDS**

**THIS IS A GAME**

**THE COACHES ARE  
VOLUNTEERS**

**THE REFEREES ARE  
HUMAN**

**THIS IS NOT THE  
WORLD CUP**

## Football Boots

There are many different types! Please don't spend a fortune, and we recommend a pair of astro trainers for general use and a pair of firm or artificial ground boots for wearing on grass/4G surfaces.



Soft ground



artificial ground



astro trainer



firm ground



indoor

## Ankle Shin Guards

Guards with ankle protection put soft padding on both sides of the foot to help protect against kicks to the ankles, as well as sprains. Ankle protection can be attached or removable. These guards are recommended for younger and intermediate players.

## Strips

BSYFC are fortunate to have the support of many local businesses and parents to secure sponsorship for each team. Therefore, if you are provided with any BSYFC kit (water bottles, bags), strips or training tops, please ensure you look after them and return to the club when requested.

## Sponsorship

If you, your employer or your business wish to sponsor team or club kit, there are many options available from strips, bibs, hats, training tops to advertising boards – please contact Neil Smith for further details.

## Club News and Development

**Fundraising** – BSYFC participate in regular fundraising events and activities to help fund all the running costs of the club – including facility hire, insurance, league memberships, referees, equipment, coaching/first aid courses and much more!  
**PITLOCHRY GALA & FOOTBALL FESTIVAL TBC for 2023**; We welcome your support and help at these fundraising opportunities.

**Volunteering** - The success of the Club today and in the future relies upon the goodwill of members of the Community. Volunteering can bring many benefits - meeting new people and building our community, gaining knowledge and understanding of football and young people, gain confidence, a sense of purpose and improve your mental & physical health!  
**Each member's Parent/Guardian is kindly requested to contribute a minimum of 5 hours per season to the Club – lots of options available.**

**Community Empowerment** - Through the support of additional activities and initiatives BSYFC help provide Football Memories (for those living in isolation or with dementia), football kit for Malawi communities, football for sports inclusion in primary schools, taster sessions throughout Highland Perthshire, the annual Pitlochry Football Festival and Football fun days in partnership with other local community organisations and funders.

**Holiday/In-service day Camps** – these are provided across the area, sometimes linked to Live Active Leisure. We are also usually able to offer free spaces through food insecurities funding to those families who need it most.

**Club Website** - <https://www.bsyouthfc.co.uk/>

**Club Contact Info and Team Volunteers**

See website for contact details for each team by age group.

