

When playing football, I will:

Always try my hardest. Play fairly and be friendly Play by the rules, respecting the referee, my own team and opposition, regardless of the score-line. Listen and act on what my coach tells me. Understand that the coach will do what is best for all of the team. Encourage my team-mates. Respect the facilities, home and away.

What will happen if I don't follow these codes:

These codes are written to help all players and keep them safe. If I don't follow the codes, I could:

Miss part of or all of a game. Be asked to speak to somebody from the club's committee. Be asked to leave the club.

Who I can speak to:

If you feel unhappy or worried about something, speak to your coach (your parent/carer could do this on your behalf). If your concern continues, please speak to the club Welfare Officer, Lisa Adamson, or any member of the club committee. They will spend time to talk through the situation with you.