



East Fife Community Football Club

Senior Players

Code of Conduct

You are the most important people in the club. Playing for your team, and for your team to win, is the most important part of the game. But not winning at any cost – **Fair Play** and **respect** for all others in the game is equally important.

Obligations to yourself

- Make every effort to develop your own sporting abilities.
- Arrive on time to all organised training and educational activities.
- Ensure correct kit is worn for training and games and avoid wearing of any jewellery.
- Lead a healthy lifestyle which will include an appropriate diet and an avoidance of alcohol and recreational or performance enhancing drugs.

Obligations towards own team

- Make every effort consistent with Fair Play and the Laws of the Game to help your team win.
- Resist any influence that might bring into question your commitment to the team winning.
- Never criticise any teammate's skills or technique.

Obligations towards the game

- Arrive on time, prepared and well rested for the game.
- Give maximum effort and strive for the best possible performance during a game.
- Set a positive example for others, particularly young players and supporters.
- Avoid all forms of gamesmanship and time-wasting.
- Always have regard for the best interests of the game.
- Do not use inappropriate language.
- Know and abide by the Laws, rules and spirit of the game
- Accept victory and defeat with an equal measure of dignity

Respect towards Opponents

- Always treat opponents with due respect, irrespective of the result of the game.
- Safeguard the physical fitness of opponents, avoid violence and rough play, and help injured opponents.
- Show due respect towards the Team Officials of the opposition.

Respect towards the Match Officials

- Accept the decision of the Match Official without protest.



- Avoid words or actions that may mislead a Match Official.
- Show due respect towards Match Officials.

Obligations towards the Supporters

- Show due respect to the interests of supporters.

Obligations to East Fife Youth Academy

- Abide by the instructions of your Coach, provided they do not contradict the laws of the game.
- Ensure that the Social Media Policy is followed.
- Ensure behaviour is of a high standard and that all equipment and facilities used are respected.

Fines/Suspensions

- Suspensions may be given in letter format from the club, the League or the SYFA
- Fines may be issued in letter format from the League or the SYFA. Fines which are issued as a result of a player's misconduct will be the responsibility of the player/parent/guardian to pay to the league. Players who fail to pay fines within 14 days will be suspended from play until all fines are paid.
- Players are entitled to appeal any suspension or fine issued within 7 days of receiving written notification.