

Inverkeithing Hillfield Swifts

Football Policy

Our aim is to provide an enjoyable, challenging and nurturing environment for our players while they develop technically socially and physically during their time with Inverkeithing Hillfield Swifts.

To achieve this we aim -

To have all players playing at their own age group.

To have all players playing in a team appropriate to their ability.

To have players rotate position to aid development through 7s, 5s & 4s

To have equal playing time as long as behaviour and effort are at the appropriate standards through 7s, 5s & 4s

To have a fluid structure whereby players can move up and down levels based on their progress through 7s, 5s & 4s

To have teams playing in leagues appropriate to the challenge required at that time to develop and to gain as much game time as possible.

To provide training once a week at mini kicker level.

To provide training once/twice a week at 4 a sides.

To provide training once/twice a week at 5 a sides.

To provide training twice a week at 7 & 11 a sides.

To have our players play only for Inverkeithing Hillfield Swifts and not participate in training or matches with Professional Club Academy Scotland Pro Youth Teams or with Fife Football Performance Academy until the age of 14 (after one year of 11 a side football)

To support the school's football programme at Primary or Secondary age.

To use training methods produced by the SFA and Coerver as the basis of our training syllabus.

We believe that by implementing this policy we can develop the players in the correct environment, to the correct standards and to their maximum potential.

We ask our players, parent and coaches at all age groups to agree to the policy in advance of joining so we can ensure the commitment given by the club and our volunteers is matched by the player and parent.

We also ask that any contact or discussions with professional club academy scouts or representatives regarding a Hillfield Swifts player must be done via the head coach at the respective age group. The Head Coach will then inform the Chairman, Secretary or Vice Chairman.

Chairman

Edward Spence