



**DUNDEE
WEST
COMMUNITY
TRUST**

Registered SCIO SC050552

MONDAY MEN'S GROUP



**A PLACE TO MEET TO CHAT, PLAY GAMES,
GO FOR WALKS & IMPROVE YOUR
MENTAL & PHYSICAL HEALTH**

- **BADMINTON**
- **BOWLS**
- **DARTS**
- **WALKING**
- **AND MUCH MORE!**

**ST MARY'S COMMUNITY CENTRE
39 KILDA ROAD, DD3 9ND**

**DAY: MONDAY MORNINGS
TIME: 9:30AM-11:30AM**

**For further information contact
Colin on: 07908 727199 or
Clare on: 07956 619201**