

# West of Scotland Football Academy Code of Conduct

### **Players Code of Conduct**

- 1) Players must understand and abide by the laws, rules and spirit of the game and any competition or training session in which they participate in
- 2) Players will exhibit good sportsmanship at all times, never condone violations of the laws of the game or exhibit behaviour contrary to the spirt of the laws of the game
- 3) Players must consistently display high standards of behaviour
- 4) Players agree to always play the game in a sporting manor. Never use inappropriate, foul or abusive language. Players must always give their best in training and matches whilst encouraging other members of the team to do the same

#### **Players Charter**

- Accept that striving to win is more important that winning itself
- Avoid pressuring yourself about winning or losing
- Take pride in doing your best
- Show good sportsmanship in respect to other players
- Play and think as a team member and not an individual
- It is important that you attempt to play to instruction
- Take pride in your appearance on and off the pitch
- Make an effort to maintain good eating habits
- Make an effort to ensure you get enough sleep, in preparation for training and matches
- You are representing West of Scotland Football Academy, your behaviour both on and off the pitch must be of the highest standard at all times, bullying in any form will not be tolerated
- Discuss with your coach any problems that may arise
- Good attendance and punctuality at matches and training sessions are essential
- Always remember that every expert was once a beginner
- To improve as a player, I will endeavour to practice my weaknesses

I understand that If I do not follow the code of conduct and players charter, any/all of the following actions may be taken by my Club.

#### Players may

- Be required to apologise to my team-mates, the other team, referee or team manager
- Receive a formal warning from the coach or club management
- Be dropped or substituted
- Be suspended from training
- Be required to leave the club



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#### **Parents Charter**

- Be realistic about your child's capabilities only a small percentage of youngsters become professional footballers
- If you have any concerns, then direct them to the age group Coach or Head of Football
- Ensure your child gets plenty of rest and encourage good eating habits
- Help your child to focus on the process of participation and development
- Gradually give your child responsibility for cleaning their boots and packing their kit
- Set a good example to all children by demonstrating good sportsmanship and respect to other competitors
- Inform the coach ASAP if your child is unable to attend an upcoming coaching session or matches
- Do not "Coach" from the side-lines. This is absolutely forbidden
- Do not grill your child after each coaching session and match. Offer words of encouragement and let them decide if they want to discuss football
- Provide encouragement and be optimistic about your child's performance
- Encourage your child to practice new skills and be open to new ways of learning
- Encourage your child's independence and let them set their own standard of excellence that they should aspire to
- Be aware of your child's anxieties and convey them to the coach
- LET THE CHILDREN PLAY ITS THEIR GAME

I understand that if I do not follow the Code and Charter, any/all of the following actions may be taken

#### Parents may be

- Issued with a verbal warning from the Club
- Required to meet with the Club's representatives in regard to breaching code of conduct/charter
- Obliged to leave the match or training venue by the club
- Requested by the club to not attend future games
- Suspended or have their club membership removed
- Required to leave the club along with any dependents